

## **Gorilla Wear and Gear**

The Gorilla Trekking Experience. For most it is a once-in-alifetime Experience. Having the right Gorilla Trek Gear and Wear makes a difference in the Quality of the Experience. Not having the right Gorilla Gear and Wear can ruin your Encounter with the Gentle Giants of the Forest

## GORILLA WEAR & GEAR FOR YOUR PROTECTION & COMFORT

- □ Waterproof Daypack
- Well worn in Hiking Boots-Rubber
  Boots may be obtained locally but
  they give you no ankle support.
- □ Thick Socks (You can tuck trousers in to socks for better protection.
- □ Long Trousers-Tuck them into the thick socks)
- □ Long-sleeved Shirt (protects you from insects, thorns, nettles and more)
- □ Light-Rain Jacket or Poncho (can be placed into daypack)
- □ A Hat Preferably wide-brimmed
- □ Sturdy Gardening Gloves protect against nettles and thorns.
- □ Face Mask protects the Gorilla from respiratory diseases(worn during actual gorilla encounter.
- □ Sunglasses
- Insect Repellent-non-perfumed (mostly flies)
- $\hfill\square$  Camera Equipment and spare batteries

## DAY OF GORILLA TREK

- $\Box$  Packed Lunch from the Lodge
- □ Two-Liters of bottled Water
- □ Some Energy Snacks
- □ Walking Stick Driver will assist you
- □ Porter Service Driver will assist you

