



Your Gorilla Trekking List

What to Wear on a Gorilla Trek

- Long Trousers
- Long-Sleeved Shirt
- Rain Jacket or Poncho
- Sturdy Gardening Gloves
- Hat for Sun-Protection
- Hiking Boots - Thick Socks

What to Have on Day of Gorilla Trek

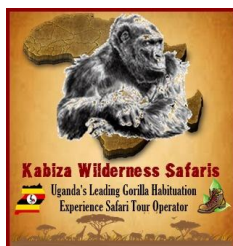
- Packed Lunch
- 2-Liters of Bottled Water
- Apply Sunscreen
- Apply Insect Repellent -Australian RID
- Granola Bars, Dried Fruit
- Daypack

Must Haves on Day of Trek

- Gorilla Permit - will be with Driver-Guide
- Copy of Passport ID at Park HQ
- Porter to carry your things-free you on Trek
- Local Wooden Walking Stick for Support
- Money for Tips for Rangers -Porter Payment
- Hand Sanitizer - Band-Aids for cuts

Camera Equipment & Extras

- Camera
- Extra Batteries
- Extra Memory Cards
- Ziploc Bags for Camera- Lenses
- Binoculars -come in handy for birds
- Polarized Sunglasses



An Enjoyable Gorilla Trek:

We want you to enjoy your time with the Gentle Giants of the Forest. The Clothing that you wear is for your comfort, for protection from the Sting of Nettles, thorns, the boots to steady your walk, the insect repellent to shield you from pesky flies.

A Gorilla Trek is a once in a lifetime event and we want it a success. Enjoy your time with the Mountain Gorillas.